

Healthy Futures President Selected to Review Health Standards for the State Board of Education

As the State Board of Education gears up to make some real changes to health education standards, Healthy Futures is working to ensure quality sex ed stays on their agenda. Part of the process for revising the TEKS includes getting input from stakeholders and experts in the field. Healthy Futures President Evelyn Delgado was selected to serve in one of the workgroups, taking the opportunity to lend over 15 years' worth of knowledge and experience to building standards that fit the bill when it comes to medical accuracy, inclusion, and sex ed expansion.



There are so many ways to get involved in our work with the State Board of Education. The [#TexasIsReady](#) website has officially launched and is available for all your advocacy needs.

[Learn more](#)



New Board Chair Plots the Course with the Community in Mind

Raised in a small town in the valley, Judge Clarissa Chavarria couldn't imagine receiving quality sex ed as a young person. In fact, she had no idea what sex ed truly entailed until she encountered Healthy Futures five years ago.

Fast forward to 2020 and Chavarria has become a leader in the sexual health movement, changing positions from Vice-Chair to Chair of the Healthy Futures Board of Directors. As Chair, she plans on progressing our mission based on "the vision of everyone."

[Read more](#) about Judge Chavarria's journey to becoming a powerful supporter of sex ed.

Young People Drive Sex Ed Program Design at Keystone School

Our innovative programming at Keystone School blends student input with the latest research. Our educator's research science-based, medically accurate information to fulfill the educational requests of Keystone School's Wellness Council.



See what the students have to say about the future of sex ed in San Antonio [here](#).



Our Young Leaders Brought the WOW Factor to the Girls Global Summit

Facilitating a discussion on healthy relationships and spreading awareness about State Board of Education advocacy, our Youth Advocacy Council leaders Sophie and Maya hit it out of the park at this year's annual Girls Global Summit.

"I am really proud of how interactive our table was! We got a lot of positive feedback on how engaging our activities were and I believe the other students felt they learned a lot through the way we ran our session," said Sophie.

Click [here](#) to read more about Sophie's experience as a young leader in the community.

Accepting YAC Applicants!

High school-aged young people can apply to join the Youth Advocacy Council today!

Share the application with the teens in your life today.

[Application](#) open through March for State Board of Education advocacy.



Join Us for the 9th Annual Symposium Here in San Antonio!

As the lead partner for the Texas Campaign to Prevent Teen Pregnancy's 9th Annual Symposium, we are sharing San Antonio's sexual health story with the great state of Texas. We hope to see you [there!](#)



THE TEXAS CAMPAIGN'S 9TH ANNUAL SYMPOSIUM

April 6-7, 2020
San Antonio, Texas
www.txsymposium.org

Check Out the Panel: Creating Whole City Initiatives for Whole Person Wellness

Health experts, policymakers, community organizations, and beyond have been working together to improve San Antonio's adolescent health for, over a decade. Come see what worked, what didn't, what's changing, and what the future holds.



Moderator

Evelyn Delgado

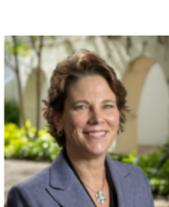
Healthy Futures of Texas Executive Director, she chairs the Texas Women's Healthcare Coalition. Previously, she worked at Texas' DSHS and oversaw women's and children's health programs that served more than one million Texans annually.

Expert Panelists



Dr. Margaret Kelley

Advocate for physicians and patients, she is the mental health authority in Bexar County.



Dr. Colleen Bridger

Assistant City Manager with a background in health policy, she works closely with the Office of Equity



Councilwoman Ana Sandoval

Serving as Chair for the Council's committee on Community Health & Equity and the committee on Public Safety.



Dr. Kristen Plastino

Vice Chair of Clinical Operations and Director of UTTeenHealth in the Dept. of Ob/Gyn at UT Health Science Center.

[Give to Healthy Futures](#)



2300 W. Commerce Street, Suite 212 • San Antonio, TX 78207
210-223-4589 • info@hf-tx.org • www.hf-tx.org

Share this email:



[Manage](#) your preferences | [Opt out](#) using TrueRemove™
Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

2300 W. Commerce St. Ste. 212
San Antonio, TX | 78207 US

This email was sent to .
To continue receiving our emails, add us to your address book.



[Subscribe](#) to our email list.